

ROYCE DENTAL ACADEMY
PRESENTS

SLEEP DENTAL Talk

8 OCTOBER 2023
SUNDAY

9:00AM - 1:00PM



Dr. Lim Young
Dental Surgeon
BDS (Singapore)
Grad Dip Dental Implantology (Singapore)

Synopsis

Recent local studies estimates that around 15% of Singapore's population suffers from sleep apnoea. The resulting sleep fragmentation leads to poor quality of sleep and daytime sleepiness. It is established that sleep apnoea patients are at a higher risk of developing chronic medical conditions such as hypertension and cardiovascular diseases. As dentists, we are well positioned to screen and assist patients with suspected sleep apnoea. Join Dr Lim Young as he shares about screening and referral protocols in the management of suspected sleep apnoea patients and what are the potential co-management therapy such as Mandibular Advancement Devices that dentists can provide together with sleep medicine practitioners.

What will be covered:

- Why is it so important for a dentist to understand the implications of Obstructive Sleep Apnoea?
- Common dental findings that may suggest that a patient is suffering from Obstructive Sleep Apnoea.
- Screening, Dental Examination and Referral protocols for Obstructive Sleep Apnoea dental patients.
- Benefits and limitations of the Mandibular Advancement Device.
- Digital workflow for the fabrication of the Mandibular Advancement Device.



Smileworks Surgical Suite
290 Orchard Road, #09 - 18/19 Paragon Singapore 238859

For registration, please email:
christine.joy@roycedental.com.sg