



**OROFACIAL SLEEP  
CONSORTIUM**  
GLOBAL



# DENTAL SLEEP MEDICINE

**MASTERY PROGRAM**

**SINGAPORE**  
3 Module Program

co-organised by:



**ROYCE**  
DENTAL GROUP



**ROYCE**  
DENTAL ACADEMY





OROFACIAL SLEEP  
CONSORTIUM  
GLOBAL



# DENTAL SLEEP MEDICINE

**MASTERY PROGRAM**

SINGAPORE



## Three Modules

• **40 hours**



CPE Points to come

The **onsite Modules** of the **Mastery Program** features evidence-based sessions, and hands-on workshops that allow you to apply your clinical skills.

Our **online Module** includes lectures and case-based learning that focus on practical clinical scenarios, ensuring a well-rounded educational experience

### Module I

 on site

**January 23-24, 2026**

• **9 am to 7 pm** (both days)

### Module II

 online

**March 27-28, 2026**

• **9 am to 1 pm** (both days)

### Module III

 on site

**May 22-23, 2026**

• **9 am to 7 pm** (both days)



## Guided Self-study

• **25 hours**

**Guided self-study** serves as a vital foundation. This essential component is designed to deepen your understanding, and enhance knowledge retention.

- ✓ Access to Our Educational Platform
- ✓ Latest publications in Dental Sleep Medicine
- ✓ Guidance on Clinical Cases
- ✓ Assignments and Quizzes



**OROFACIAL SLEEP  
CONSORTIUM**  
GLOBAL



**DENTAL SLEEP  
MEDICINE**

**MASTERY PROGRAM**

**SINGAPORE**



## Learning Objectives

By the end of this program, participants will be able to:



Understand the  
Fundamentals  
of Sleep Medicine



Implement  
multidisciplinary  
approach in  
sleep care



Personalize  
Treatment and  
collaborative  
approaches



Integrate  
Multidisciplinary  
Knowledge  
into Clinical Practice



Develop  
diagnostic skills



**Learning hours**

**65 hours**

- **40 hours** lectures & workshops
- **25 hours** guided self study



## Target Audience

- General Dentists & specialists



**OROFACIAL SLEEP  
CONSORTIUM**  
GLOBAL



**DENTAL SLEEP  
MEDICINE**

**MASTERY PROGRAM**

**SINGAPORE**



## What makes this program unique



### Expert Leadership

- Led by Dr. Leopoldo Correa, with over 25 years of experience, participants will benefit from his invaluable insights and integration of cutting-edge research into the curriculum.



### Collaborative Team of Speakers

- The program features a faculty of key leaders in dental sleep medicine, enhancing the learning experience and fostering mentorship opportunities.



### Evidence-Based Education

- Grounded in the latest scientific research and clinical guidelines, participants will engage in practical sessions and case studies that allow them to apply their knowledge to real-world scenarios.



### Comprehensive Support and Mentorship

- Continuous support is provided, including access to resources and professional development workshops, along with a strong alumni network for ongoing collaboration and growth opportunities.





**OROFACIAL SLEEP  
CONSORTIUM**  
GLOBAL



**DENTAL SLEEP  
MEDICINE**

**MASTERY PROGRAM**

**SINGAPORE**



## Learning Areas

### Understanding of Sleep Physiology

- Knowledge of sleep stages (REM and non-REM)
- Understanding sleep cycles and their impact on health
- Familiarity with common sleep disorders, including obstructive sleep apnea

### Medical and Dental Knowledge Integration

- Ability to integrate general medicine with dental practices
- Understanding the anatomical structures involved in obstructive sleep apnea
- Awareness of adjunct therapies for the management of sleep disorders such as myofunctional therapy and breathing techniques.

### Patient Assessment Skills

- Understanding the components of patient clinical history and documentation
- Ability to conduct clinical examinations relevant to sleep disorders
- Familiarity with validated screening tools for sleep apnea and assessment of mandibular therapeutic position.

### • Patient Communication Skills

- Effective communication with patients about sleep health and treatment options
- Skills in educating patients on the importance of sleep and its impact on overall health
- Ability to work collaboratively with a multidisciplinary team including physicians, sleep specialists.



**OROFACIAL SLEEP  
CONSORTIUM**  
GLOBAL



**DENTAL SLEEP  
MEDICINE**

**MASTERY PROGRAM**

**SINGAPORE**



## Clinical skills

### Clinical Skills in Dental Sleep Medicine

- Proficiency in performing oral examinations specific to sleep apnea.
- Ability to design and implement dental appliances for the management of sleep-related breathing disorders.
- Hands-on experience with bite registration, fitting and adjustment of oral devices to manage obstructive sleep apnea.

### Diagnostic Capabilities

- Skills in interpreting sleep studies and polysomnography results.
- Understanding of home sleep testing and its applications in diagnosing sleep disorders.
- Ability to differentiate between various types of sleep apnea and sleep disorders and recommend appropriate treatments and referrals.

### Treatment Planning and Management

- Development of personalized treatment plans based on patient-specific needs.
- Knowledge of positive airway pressure (PAP) therapy and its alternatives.
- Follow-up care strategies to monitor treatment efficacy and patient compliance.

### Research and Evidence-Based Practice

- Ability to critically evaluate current literature on dental sleep medicine.
- Understanding of ongoing advancements and emerging technologies in the field.
- Skills in applying evidence-based practices to clinical scenarios.



**OROFACIAL SLEEP  
CONSORTIUM**  
GLOBAL



# DENTAL SLEEP MEDICINE

**MASTERY PROGRAM**

**SINGAPORE**



## SPEAKERS



**Su-Jung Kim**  
DMD, MSD, PhD  
*Sleep Breathing  
Orthodontics*



**Rochelle McPherson,**  
OM  
*Orofacial Myology*



**Christine Hong**  
DMD, MS  
*Orthodontics and  
Dental Sleep Medicine*



**Umakanth Katwa, MD.**  
*Pediatric  
Sleep Medicine*



**Stanley Liu**  
DDS, MD  
*Sleep Surgery*



**Noah S. Siegel, MD.**  
*ENT  
Sleep Medicine*



**Irina F. Dragan**  
DMD, DDS, MS, eMBA  
*Practice-Based Research*



**Lim Young**  
BDS, GDDI  
*Oral Appliance Therapy*



**Leopoldo Correa**  
BDS, MS  
*Dental Sleep Medicine*



**OROFACIAL SLEEP  
CONSORTIUM**  
GLOBAL



**DENTAL SLEEP  
MEDICINE**

**MASTERY PROGRAM**

**SINGAPORE**



## Curriculum Content

### **I. Upper Airway Anatomy and Pathophysiology of Sleep Apnea**

- Upper airway anatomy
- Study of the respiratory airways
- Pathophysiology of obstructive sleep apnea

### **II. Normal Sleep and Sleep Deprivation**

- Sleep measurement and classification
- Characteristics of sleep cycles
- Consequences of sleep deprivation

### **III. Medical History, Examination, and Diagnosis**

- Questionnaires for the sleep disorders
- Patient history and clinical examination
- Diagnosis of sleep apnea and other sleep disorders

### **IV. Bruxism and Temporomandibular Disorders**

- Sleep bruxism: Pathophysiology and management options
- Temporomandibular disorders and their relationship with OSA
- Orofacial pain and sleep

### **V. Sleep Disorders Associated with Sleep Apnea**

- International classification of sleep disorders
- Insomnia and Restless Legs Syndrome
- Narcolepsy and other sleep disorders



**OROFACIAL SLEEP  
CONSORTIUM**  
GLOBAL



**DENTAL SLEEP  
MEDICINE**

**MASTERY PROGRAM**

**SINGAPORE**

## Curriculum Content

### VI. Sleep Apnea in Pediatrics

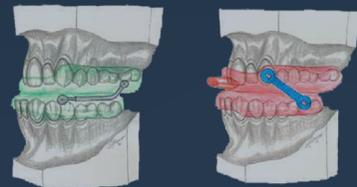
- Sleep-related breathing disorders in Pediatrics
- Effect on development and growth
- Identification of signs and symptoms
- Role of the Orthodontist and Pediatric Dentist

### VII. Multidisciplinary Management of Sleep Apnea

- Positive Airway Pressure (PAP) therapy
- Positional therapy
- Sleep surgery

### VIII. Mandibular Advancement Devices for Snoring and Sleep Apnea

- Design, effectiveness, and scientific evidence
- Side effects
- Clinical protocol and long-term follow-up



### IX. Adjunctive Therapies for the Management of Sleep Apnea

- Myofunctional therapy in the management of sleep apnea
- Cognitive-behavioral therapy in sleep disorders
- Physical therapy as an adjunct in the treatment of sleep disorders and temporomandibular disorders

### X. Interpretation of Scientific Literature

- Understanding different levels of scientific evidence
- Using various resources for scientific literature search
- Critical analysis of the literature



**OROFACIAL SLEEP  
CONSORTIUM**  
GLOBAL



# DENTAL SLEEP MEDICINE

**MASTERY PROGRAM**

**SINGAPORE**



**Tuition Fee**

**\$6,500 USD**

- \*. \$3,250 USD upon registration
- \*. \$3,250 USD by December 1st

**WEBSITE &  
REGISTRATION**



[info@orofacialsleepglobal.com](mailto:info@orofacialsleepglobal.com)

**co-organised by:**



**ROYCE**  
DENTAL GROUP



**ROYCE**  
DENTAL ACADEMY

Disclaimer: the organisers reserve the right to cancel, postpone, or modify the announced course content, limit enrolment, or change the location, time, date, or speaker due to unforeseen circumstances. We will notify participants in 3 working days upon knowledge of any changes or termination of the course.”

**Venue:**



**Dentsply Sirona  
Academy**  
Dentsply Sirona Academy  
1 Wallich St, #18-02  
Guoco Tower, S078881

**Supported by:**



**Dentsply Sirona  
Academy**