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Myofunctional Therapy and Sleep Disordered Breathing

A didactic and hands-on session covering the foundations of myofunctional therapy with a special focus on sleep-disordered breathing.



23 May 2026, Saturday



9AM - 1PM



\$295 SGD



CPE Points to Come



Dentsply Sirona Academy, 1 Wallich St,
#18-02 Guoco Tower, Singapore 078881

Scan to Register



Rochelle McPherson,
Orofacial Myology



Orofacial Sleep Consortium - Global, LLC
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LEARNING OBJECTIVES

- 1 Describe the core principles and goals of myofunctional therapy and how they relate to sleep-disordered breathing.
- 2 Identify key clinical signs and basic assessment findings associated with orofacial myofunctional disorders impacting airway and sleep.
- 3 Demonstrate introductory myofunctional therapy exercises.

AGENDA

9:00 am - 9:15 am

Welcome, Introductions, and Overview

9:15 am - 10:00 am

Foundations and Core Principles of Myofunctional Therapy

10:00 am - 10:45 am

Orofacial Function, Airway, and Sleep-Disordered Breathing

10:45 am - 11:15 am

Coffee | Tea Break

11:15 am - 12:45 pm

Clinical Assessment & Practical Workshop

12:45 pm - 1:00 pm

Group Interaction / Q&A

Refund: Participants may withdraw from a course by providing at least 7 days' notice prior to the commencement date. Refunds will be processed within 1-2 weeks. A full refund will not be granted if the participant fails to notify Royce Dental Academy at least 7 working days before the course commencement date.

Disclaimer: Royce Dental Academy reserves the right to cancel, postpone, or modify the announced course content, limit enrolment, or change the location, time, date, or speaker due to unforeseen circumstances. We will notify participants within 3 working days upon becoming aware of any changes or cancellation of the course.



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MEET THE SPEAKER



Rochelle McPherson,
Orofacial Myology

Rochelle McPherson is one of Australia's pioneers of orofacial myology (OM). Along with establishing one of the country's first specialised practices, Rochelle also founded the Australian Association of Orofacial Myology to champion myofunctional therapy and raise awareness of the ways in which OM can work in tandem with other health professions to raise outcomes for patients. She is also a director and lecturer for the Australian Academy of Orofacial Myology.

Rochelle brings extensive international training, clinical expertise and a passion for education to her role as principal of OM Health. With more than 25 years of relevant industry experience, Rochelle's expertise is sought out regularly by health and education professionals who invite Rochelle to lecture in this field throughout Australia and internationally.



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